



Woodruff Middle School Lunch and Breakfast Menus

April 16, 2018 to April 20, 2018

Get Active – Be Healthy

5 -A DAY – Eat Your Colors Every Day

FOR BETTER HEALTH: EAT 5 FRUITS OR VEGETABLES A DAY



Monday

Entrée PBJ Uncrustable Sandwiches
***Entrée 2 Italian Combo Wraps w/Honey Mustard**
 Tri-Taters w/Ketchup
 Chili Beans w/Crackers
 Chilled Mixed Fruit
 Nutri-grain Bar
 Choice of Cold Milk

Steak Biscuit
 OR Assorted Cereals
 Toast and Jelly
 Assorted Juices or Fruit
 Choice of Cold Milk

Tuesday

Entrée 1 Mini Corn Dogs w/Dips
 Entrée 2 Sloppy Joes on Bun
 Potato Wedges w/Ketchup
 Seasoned Whole Kernel Corn or Pinto Beans
 Rosy Applesauce w/Cookies
 Choice of Cold Milk

Pancakes w/Syrup & Sausage Pattie
 OR Assorted Cereals
 Toast and Jelly
 Assorted Juices or Fruit
 Choice of Cold Milk

Wednesday

Entrée 1 Turkey Roast
 Entrée 2 Chicken Rings
 Rice w/Gravy
 Seasoned Black-eyed Peas or Fried Okra
 Biscuit
 Apple Brown Betty
 Vanilla Ice Cream Cup
 Choice of Cold Milk



Cheese Grits /Sausage Links
 OR Assorted Cereals
 Toast and Jelly
 Assorted Juices or Fruit
 Choice of Cold Milk

Thursday

Entrée 1 Deli Sub
 Entrée 2 Chicken Fillet on Bun
 Shredded Lettuce /Sliced Tomato
 Baked Chips
 Seasoned Vegetable Blend and Carrots
 Chilled Sliced Peaches
 Brownie
 Choice of Cold Milk

French Toast Sticks w/Syrup
 OR Assorted Cereals
 Toast and Jelly
 Assorted Juices or Fruit
 Choice of Cold Milk

Friday

Entrée 1 Meatball Subs w/ BBQ or Marinara Sauce
 Entrée 2 Choice of Pizza
 Baked Beans or Macaroni Salad
 French Fries w/Ketchup
 Chilled Sliced Pears or Switch Fruit Drinks
 Iced Sugar Cookie
 Choice of Cold Milk

Gravy Biscuit
 OR Cinnamon Minis
 OR Assorted Cereals
 Toast and Jelly
 Assorted Juices or Fruit
 Choice of Cold Milk

* new item

Fresh Fruit offered Daily

Entrée 3 Mixed Green Salad to Go with fruit, crackers and milk offered daily



Menus subject to change.

Non-discrimination Statement: This institution is an equal opportunity provider and employer.