



Woodruff Middle School Lunch and Breakfast Menus October 23, 2017 to October 27, 2017



EAT YOUR COLORS DAILY
FOR BETTER HEALTH: EAT 5 FRUITS OR VEGETABLES A DAY

Monday

Entrée 1 Taco Salad w/ Chips/ Sour Cream
Entrée 2 Mozzarella Cheese Sticks w/Marinara Sauce
Lettuce/ Diced Tomatoes/ Shredded Cheese
Seasoned Black Beans
Frozen Strawberry Cups
Brownie
Choice of Cold Milk

Assorted Muffin
OR Assorted Cereals
Toast and Jelly
Assorted Juices or Fruit
Choice of Cold Milk

Tuesday

Entrée 1 Grilled Cheese Sandwich
Entrée 2 Corn Dog w/Dip
Tossed Salad w/Assorted Dressings
Chicken Noodle Soup
Tri Taters w/Ketchup
Switch Fruit Drinks
Iced Sugar Cookies
Choice of Cold Milk

Pancakes w/ Syrup & Sausage Links
OR Assorted Cereals
Toast and Jelly
Assorted Juices or Fruit
Choice of Cold Milk

Wednesday

Entrée 1 Sliced Roast Turkey
Entrée 2 Chicken Tenders w/Dipping Sauce
Macaroni -n- Cheese
English Peas or Seasoned Carrot Coins
Biscuit
Strawberries -n- Bananas
Vanilla Ice Cream Cup
Choice of Cold Milk

Cheesy Grits / Sausage Patty
OR Assorted Cereals
Toast and Jelly
Assorted Juices or Fruit
Choice of Cold Milk

Thursday

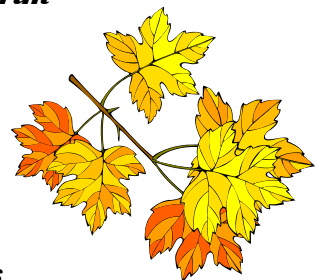
Entrée 1 BBQ on Bun
Entrée 2 Pizza
Tossed Salad w/ Assorted Dressings
Pinto Beans or Cole Slaw
Baked Chips
Chilled Mixed Fruit
Pudding w/Vanilla Wafers
Choice of Cold Milk

French Toast w/Syrup
OR Assorted Cereals
Toast and Jelly
Assorted Juices or Fruit
Choice of Cold Milk

Friday

Entrée 1 Boneless Chicken Wings/ Texas Toast
Entrée 2 Sub Sandwich
Shredded Lettuce /Diced Tomatoes
French Fries or Baked Beans
Chilled Pineapple Tidbits
Rice Krispy Treat
Choice of Cold Milk

Breakfast Pizzas
OR Cinnamon Minis
OR Assorted Cereals
Toast and Jelly
Assorted Juices or Fruit
Choice of Cold Milk



Menus subject to change

Assorted Fresh Fruit Offered Daily

Non-discrimination Statement: This institution equal opportunity provider and employer.

