

# Woodruff Middle School Lunch and Breakfast Menus

January 21, 2019 to January 25, 2019

**EAT YOUR COLORS DAILY**

**FOR BETTER HEALTH: EAT 5 FRUITS OR VEGETABLES A DAY**

## Monday

*NO SCHOOL – Martin Luther King Holiday*

## Tuesday

**Entrée 1** Ham & Cheese on Croissant

**Entrée 2** PBJ Uncrustable Sandwich

Loaded Potato Soup w/Crackers

Seasoned Pinto Beans

Chilled Sliced Peaches

Go-gurts

Choice of Cold Milk

Pancakes w/Sausage Links

Or Assorted Cereals

Toast and Jelly

Assorted Juices or Fruit

Choice of Cold Milk

## Wednesday

**Entrée 1** Beef Teriyaki Dippers

**Entrée 2** Chicken Rings

Rice w/Gravy

Seasoned Green Beans or Glazed Carrots

Chilled Mixed Fruit

Roll

Apple Crisp

Choice of Cold Milk

Grits w/Sausage Pattie

Or Assorted Cereal

Toast and Jelly

Assorted Juices or Fruit

Choice of Cold Milk

## Thursday

**Entrée 1** Pizza

**Entrée 2** Chicken Sliders

Tossed Salad w/Assorted Dressings

Seasoned Whole Kernel Corn or English Peas

Chilled Pear Slices

Fruit Slushies

Choice of Cold Milk

French Toast Sticks w/Syrup

Or Assorted Cereal

Toast and Jelly

Assorted Juices or Fruit

Choice of Cold Milk

## Friday

**Entrée 1** Hamburger on Bun w/ or w/o Cheese

**Entrée 2** Corndog

French Fries w/Ketchup

Baked Beans or Lettuce & Sliced Tomato

Chilled Applesauce

Cereal Bar

Choice of Cold Milk

Steak Biscuit

Or Assorted Cereals

Toast and Jelly

Assorted Juices or Fresh Fruits

Choice of Cold Milk

**Entrée 3** Lettuce Mix w/Spinach Salad-To-Go with fruit, crackers and milk offered daily

*Assorted Fresh Fruit Offered Daily*

**Menus subject to change.**

**Non-discrimination Statement:** This institution is and equal opportunity provider and employer.