



Woodruff High School Lunch and Breakfast Menus October 23, 2017 to October 27, 2017

A-DAY –EAT YOUR COLORS DAILY

FOR BETTER HEALTH: EAT 5 FRUITS OR VEGETABLES A DAY



Monday

Stromboli w/ Salsa
OR Oven Baked Pizza
Seasoned Fries w/Ketchup
Seasoned Vegetable Blend
Frozen Strawberry Cup w/Oatmeal Cookie
Choice of Cold Milk

Assorted Muffins
OR Assorted Cereals
Toast and Jelly
Chilled Fruit Juices
Choice of Cold Milk

Tuesday

Baked Spaghetti w/Texas Toast
OR Oven Baked Pizzas
Tossed Salad w/Assorted Dressings
Seasoned English Peas or Corn
Chilled Sliced Peaches w/Vanilla Wafers
Choice of Cold Milk

Pancakes w/ Syrup & Sausage Links
OR Assorted Cereals
Toast and Jelly
Chilled Fruit Juices
Choice of Cold Milk

Wednesday

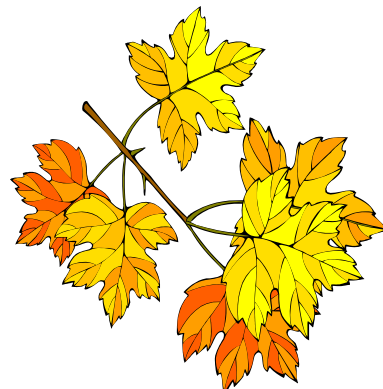
Barbecued Chicken
OR Oven Baked Pizzas
Macaroni w/Cheese
Broccoli w/Cheese Sauce or Seasoned Baby Carrots
Croissants
Strawberries & Bananas
Vanilla Ice Cream Cup
Choice of Cold Milk

Cheese Grits/ Sausage Patty
OR Assorted Cereals
Toast and Jelly
Chilled Fruit Juices
Choice of Cold Milk

Thursday

Grilled Cheese Sandwich
OR Oven Baked Pizzas
Chicken Stew w/Crackers
Tossed Salad w/Assorted Dressings
Tri Tater w/Ketchup
Chilled Fruit Cocktail w/Snack Bars
Choice of Cold Milk

PBJ Uncrustables
OR Assorted Cereals
Toast and Jelly
Chilled Fruit Juices
Choice of Cold Milk



Friday

Boneless Chicken Wings w/Sauce & Texas Toast
OR Oven Baked Pizzas
Cole Slaw
Baked Beans or Potato Wedges w/Ketchup
Chilled Pineapple
Ice Cream Sandwich
Choice of Cold Milk

Breakfast Pizzas
OR Cinnamon Minis
OR Assorted Cereals
Toast and Jelly
Chilled Fruit Juices
Choice of Cold Milk

Menu subject to change

Assorted Fresh Fruit Offered Daily

Non-discrimination Statement: This institution is an equal opportunity provider and employer.

