



Woodruff Elementary School Lunch and Breakfast Menus

January 21, 2019 to January 25, 2019

EAT YOUR COLORS DAILY

FOR BETTER HEALTH: EAT 5 FRUITS OR VEGETABLES A DAY

Monday

NO SCHOOL – Martin Luther King Holiday

Tuesday

Entrée 1 Chicken Fajita Salad w/Tortilla Chips

Entrée 2 Beef Taco Salad w/Tortilla Chips

Shredded Lettuce/Diced Tomatoes/Cheese/Sour Cream

Seasoned Whole Kernel Corn

Chilled Rosy Applesauce

Cereal Bar

Choice of Cold Milk

Muffins w/Syrup

OR Assorted Cereals

Toast and Jelly

Assorted Fruit Juices or Fresh Fruit

Choice of Cold Milk

Wednesday

Mrs. Wheeler's 4th Grade – Special Menu

Entrée 1 Chicken Tenders w/Dips

Entrée 2 Spiral Sliced Ham

Baked Potato

Macaroni-n-Cheese

Biscuit

Strawberry/Banana Cup

Ice Cream Sandwich

Choice of Cold Milk

Cheese Grits w/Sausage Patty

OR Assorted Cereals

Toast and Jelly

Assorted Fruit Juices or Fresh Fruit

Choice of Cold Milk

Thursday

Entrée 1 Chicken Salad on Croissant

Entrée 2 Pizza

Tossed Salad w/Assorted Dressings

Fresh Baby Carrots w/Dressing

Chilled Mixed Fruit

Iced Sugar Cookie

Choice of Cold Milk

Pancakes w/Syrup w/Bacon

OR Assorted Cereals

Toast and Jelly

Assorted Fruit Juices or Fresh Fruit

Choice of Cold Milk

Friday

Entrée 1 Cheeseburger on Bun

Entrée 2 Corn Dog Nuggets

French Fries w/Ketchup

Shredded Lettuce/Sliced Tomato or Black Beans

Chilled Pineapple

Strawberry/Kiwi Icees

Choice of Milk

Breakfast Pizza or Cinnamon Minis

OR Assorted Cereals

Toast and Jelly

Assorted Fruit Juices or Fresh Fruit

Choice of Cold Milk

Assorted Fresh Fruit Offered Daily

Menus subject to change.

Non-discrimination Statement: This institution is and equal opportunity provider and employer.